

From March to September 2025

I Certificate in Instruments and good practices in comprehensive social care for young people in rural areas

Certificated by:







COURSE CALENDAR

- From March to September 2025
- Every Friday from 15:00CET to 18:00CET
- 24 sessions / 3 hours per sesión









COURSE METHODOLOGY

- Modules will be delivered online in 3 sessions; in total 9 hours.
- At least one activity per module should be proposed to students to be done offline.
- Final work at the end of the course to obtain the certification.









- 1. Rural youth: current challenges and opportunities
- 2. Rural Youth Participation and Social Inclusion
- 3. Learning for non-formal youth participation
- 4. Integrated social services for young people: co-ordination between social, educational and active labour market services.
- 5. New entrepreneurial developments for the sustainability of rural communities
- 6. Engaging rural youth: Strategies for community integration
- 7. Challenges and strategies for conducting research and intervention with and on rural youth.
- 8. Research, communication and dissemination techniques on youth work and research in rural areas.
- 9. Final work

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1. Rural youth: current challenges and opportunities

Francisco Simões

Content:

- Characteristics of rural youth.
- Main challenges: mobility, education, employment and social participation.
- Main opportunities: trends arising from the double transition.
- Expected trends in an era of multiple crises.









2. Rural Youth Participation and Social Inclusion

Maria Fernandes-Jesus

Content:

- Relationship between participation and social inclusion
- Intersectional and rights-based models for young people
- Effective strategies to facilitate the participation of rural youth
- The relevance of participatory approaches.

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3. Learning for non-formal youth participation

Paul Flynn

Content:

- Introduction to science learning.
- Debunking educational theory in formal education
- Debunking the theory behind non-formal learning
- Exploring how formal and non-formal theory can complement each other in real-life roleplaying scenarios









4. Integrated social services for young people: co-ordination between social, educational and active labour market services.

Claudia Petrescu

Content:

- Youth unemployment: causes, challenges and opportunities
- Instruments to address youth unemployment
- Active labour market policies: Reinforced Youth Guarantee and other national youth policies
- Integrated services for youth inclusion
- Public Employment Service activities and services provided









5. New entrepreneurial developments for the sustainability of rural communities

Alen Mujčinović

Content:

This module addresses the development of new business initiatives for rural communities, with a special focus on relevance for social workers. Emerging economic opportunities and their impact on local development will be explored, assessing the interests and needs of social workers in this context. In addition, the role of community networks, such as farmers' associations, in fostering collaboration and social innovation will be analysed. Participants will learn how to implement social innovations that address specific challenges of rural communities, promoting social and economic inclusion.

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6. Engaging rural youth: Strategies for community integration

Adriano Mauro Ellena

Content:

- Theoretical perspectives: applying the Bronfenbrenner model to rural youth
- Participatory strategies and best practices for reaching rural youth
- Participatory methods and techniques for involving youth in rural communities

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7. Challenges and strategies for conducting research and intervention with and on rural youth

Tatiana Ferreria

Content:

Young people living in rural areas face additional challenges in their careers, such as limited school and professional opportunities, difficulties in breaking the generational reproduction of poverty and less access to technological means, which puts them at greater risk of social exclusion (Ferreira & Vieira, 2020). This limitation is recognised by the EU27, whose European Youth Strategy 2019-2027 establishes the reduction of inequalities between urban and rural areas as a priority and advocates for multi-sectoral measures that respond to the expectations and needs of young people in rural contexts.

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8. Research, communication and dissemination techniques on youth work and research in rural areas.

Mariano Soler Porta

Content:

The training on Research, Communication and Dissemination Techniques on Rural Youth Work and Research equips participants with five key competencies. These include applying advanced research techniques adapted to rural contexts, developing effective communication strategies to disseminate findings, implementing methods for disseminating results targeted at diverse audiences, evaluating the impact of research and communication, and fostering youth participation throughout the research process. These skills promote inclusion and effectiveness in research on rural youth, improving the communication of results and maximizing their impact.

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